



MARCH 2016



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Washington County To Contact a Breastfeeding Counselor near you: WIC Breastfeeding Support Line: Breastfeeding Coordinator CLE: (240) 313-3311 BF Peer Counselor: (240) 313-3317 Urgent BF concerns: (240) 313-3335		1 La Leche League 6:30 pm – 8 pm – 12 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	2	3 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	4	5
6	7	8 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	9	10 10am Breastfeeding Support Group	11	12
13	14	15 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	16	17 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	18	19
20	21	22 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	23	24 10am Breastfeeding Support Group	25	26
27	28	29 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	30	31	Services: ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on “Getting Started” with BF (positioning, latch, sleepy baby, growth spurts, etc.)	



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1	2	3 La Leche League 6:30 pm – 8 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding/11:00 am 4th Annual Learn and Latch Café in Celebration of World Breastfeeding Week 11am - 12noon	4	5 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	6	7
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22/29	23/30(Memorial Day)	24 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	25	26	27	28